

## MASSAGE RITUALS

PÜROVEL SIGNATURE MASSAGE	60. min	95
	90. min	115

This mountain-inspired revitalizing massage pleasantly stimulates circulation throughout the body. Choose between the Alpine Spring essential oil, which clears both the mind and respiratory system, or the Mountain Meadow essential oil, which nourishes the body and relaxes the mind.

LYMPHATIC MASSAGE	60. min	90
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This gentle and rhythmic massage technique stimulates the lymphatic system, helping to reduce swelling, enhance circulation, and boost the body's natural detoxification process. Ideal for promoting overall well-being and relieving tension.

PÜROVEL MOUNTAINS STONE MASSAGE	60. min	105
	90. min	125

Signature Pürovel Alpine essential oils are combined with heated mountain stones to create a deep heat massage and unique aromatherapy to release tension and melt away stress.

BODY BALANCE MASSAGE	60. min	89
	90. min	110

Our take on a Swedish massage. Long, flowing movements of light-to-medium pressure reduce tension and increase circulation, leaving your mind and body in a place of total relaxation.

AROMATHERAPY	60. min	90
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The aromatherapy massage begins with your selection of pure aromatherapy oil blends. This oil is warmed and applied gently, providing relaxation and an invigorating boost to your mood.

DEEP TISSUE MASSAGE	60. min	95
	90. min	115

Intensive therapy with whole-body healing in mind. High-pressure movements stimulate circulation, release muscle tension, and set your body up for success.

SWEETHEARTS MASSAGE	60. min	160
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Just the two of you – celebrate and share your massage experience in our private couple's spa suite.

SWEETHEART HOT STONE COUPLES MASSAGE	60. min	178
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Take the incredible experience of a side by side massage. Add thermal heat, some treats and you have our Sweetheart Hot Stone Couples Massage.

INVIGORATING BACK, NECK & SHOULDERS MASSAGE	30. min	60
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Renowned as our "hero" treatment and loved by all, this experience delivers triple results by targeting three key common areas of soreness and accumulated tension. An ideal treatment to start or end your day.

RELAXING HEAD MASSAGE	30. min	55
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Close your eyes and enter into a time of serenity with this spiritual experience. The massage includes an upper body and a slow tension-relieving head massage.

## FACE TREATMENTS

*Expert's recommendation!*

REJUVENATING GOLDEN EXPERIENCE	90. min	145
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Treat your skin to the light reflecting properties of gold mask and plumping effects of hyaluronic acid. This treatment preserves the youth and slows the aging process. Visibly diminishes fine lines and restores youthful energy to every level of the skin.

FACIAL CARE SENSI' REPAIR	60. min	100
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Professional care for sensitive and reactive skin. Sensi'repair care meets the needs of even the most sensitive skin. 60. minutes of intense relaxation to restore the skin, relax and soothe. A technique that combines relaxing and stress-reducing movements.

ANTI-AGING FACIAL TREATMENT	60. min	95
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Anti-Aging Facial treatment infuses skin with a veil of collagen, cellular complexes, amino acids, and natural oils to help increase moisture levels and minimize the appearance of fine lines and wrinkles.



D-TOX FACIAL DEEP CLEANING TREATMENT	45. min	75
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100% manual, skin-wide deep cleansing treatment that respects the skin's ecosystem and ensures proven effectiveness. Removes dead skin cells, absorbs dirt from the pores and promotes cell regeneration while maintaining skin integrity. It prevents the accumulation of toxins and stimulates micro-circulation.

GUA SHA ROYAL FACE LIFT	60. min	105
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Combination of manual lifting and Gua sha technique, designed for activation of facial muscles. Through special techniques of the natural lifting of the face, we slow down the ageing process and consequently the sagging of the skin. Additionally, we stimulate the lymphatic circulation of the area and stimulate the production of elastin responsible for the structure of the skin.

## BODY VITALITIES

SMOOTHING BODY PEEL	30. min	55
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A personalized blend of fine sea salt, oils and Maria Galland's manual massage technique helps to remove dead skin cells while enriching your skin with minerals and micro-elements.



SLIMMING CELLULITE TREATMENT	90. min	120
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A very effective treatment for the legs, buttocks, hips and abdominal area. The result is visible even after the first treatment – your skin is cared for, firmer and brighter. The body peeling massage stimulates and cleanses. The skin is treated with a slimming algae mask with anti-cellulite effect. The treatment ends with a light massage.

FOOT PARADISE	30. min	58
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Lie down, listen to the music and put your feet up. We begin with a foot scrub and proceed with warm wrap, putting you on the path to pure relaxation. We then follow this up with a pampering foot massage, using a cooling gel or moisturizing cream.



## PACKAGES

All packages include unlimited access to Pürovel Spa with a unique view of the city and the usage of fresh towels and bathrobes.

### INVIGORATING RELAXATION PACKAGE FOR LADIES

4-6 HOURS 160

Detoxifying Sauna  
60 min Body Balance Massage  
60 min Delicate Facial  
Lunch at Horisont Bar located on the 30th floor

### ENERGISING GENTLEMEN'S SPA PACKAGE

4-6 HOURS 160

Detoxifying Sauna  
60 min Man Power Massage  
60 min Gentlemen's Facial  
Lunch at Horisont Bar located on the 30th floor

### ROMANTIC DAY SPA FOR TWO

4-6 HOURS 190

Detoxifying Sauna  
60 min Sweethearts Massage  
Lunch at Horisont Bar located on the 30th floor

Products and services offered by Pürovel focus on alpine-inspired well-being to invigorate & revitalise both body & mind.

### DAY SPA PACKAGE FOR FRIENDS

2-3 HOURS 125/ per person

Detoxifying Sauna  
30 min Body Balance massage  
30 min Delicate Facial or 30 min Foot Paradise  
Lunch at the Horisont Bar located on the 30th floor

### RELAXING DAY SPA PACKAGE FOR MOTHER TO BE

2-3 HOURS 125

Detoxifying Sauna  
30 min Foot Paradise  
30 min Delicate Facial  
Lunch at Horisont Bar located on the 30th floor

## THE PÜROVEL EXPERIENCE

The name Pürovel means a gently flowing stream in Romansh, a language born in Switzerland. We infuse our Swiss heritage in ways you might only notice upon closer inspection. This includes the Pürovel bath products and massage oils, which are infused with essential oils, whose ingredients grow in a Swiss Alpine garden. Primary ingredients include essential aromas of clary sage, lavender, peppermint, bee balm and the needles of spruce, silver and Douglas fir. So sit back, inhale Swiss Alpine essential oils and exhale all the stresses of the day.



pürovel  
spa & sport

## TREATMENT MENU

### MARIA GALLAND PARIS

An expert consultation at the beginning of your facial ensures the best treatment choices for your skin type. Each facial includes a deep-tissue firming and lifting massage. Our expertise, combined with the latest techniques and anti-aging products, using exclusively natural ingredients by Maria Galland offers the best results for your skin. Inspired and brought into being by a Parisian cosmetics expert who was a passionate dancer, the Maria Galland Paris professional skincare brand has been offering a holistic beauty experience since 1962.

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Prices include 22% VAT